

Activity Price List: Torfaen County

GYM & GROUP EXERCISE CLASSES

	STANDARD	CONC.*
Group Exercise Class	£5.25	
CALM Group Exercise Classes	£5.80	
Gym Workout	£7.25	£5.50
GP Referral Session (NERS)	£3.10	
First Welcome Visit & Gym Induction	£16.20	

SWIMMING

	STANDARD	CONC.*
Swimming	£4.40	£3.55
Swimming Under 16's & Over 60's		FREE at certain times**

TEAM GAMES

	STANDARD	CONC.*
Indoor Full Court/Pitch	£42.25	
Indoor Half Court/Pitch	£30.90	
Outdoor Pitch	£80.15	
Outdoor 3G Pitch at Cwmbran	£111.95	

RACKET SPORTS

	STANDARD	CONC.*
Badminton, Tennis, Table Tennis, Squash (per court)	£8.25	

BOWLS

	STANDARD	CONC.*
Bowls	£5	

SPORTS COURSES/ LESSONS

	STANDARD	CONC.*
One-to-One Swimming Lessons (30 mins per week) Monthly by Direct Debit	£121.20	
Weekly Coaching Course Monthly by Direct Debit	£26.25	

SPA

	STANDARD	CONC.*
Spa & Swim (Pontypool)	£6.20	£4.20

INDOOR SOFT PLAY & CLIMBING

	ADULT	PEAK	OFF-PEAK
JumpINGym Indoor Soft Play	FREE	£5.50	£3.10
Indoor Climbing Wall	£13.50	£13.50	£13.50

Prices are valid from April 2026. Prices and activities may be amended without notice. Admission to all of our activities is subject to our admissions policy. A pricing and admissions policy for carers is available on request.

Swimming Pool hire fees available on request.

* **Concession Pricing** - Available to the following;

- Anyone aged 24 and under.
- Over 66's
- Any registered disabled
- Anyone on means tested benefits to include the following; People receiving Council Tax, Reduction or Housing Benefit (HB) or Universal Credit Housing Element (UCHE).

** At certain times, as part of the Welsh Government's Free Swimming Initiative, ask at reception for details.

Rhestr Prisiau Gweithgareddau: Sir Torfaen

Y GAMPFA A DOSBARTHIAU YMARFER CORFF

	SAFONOL	CONS.*
Dosbarth Ymarfer Corff	£5.25	
Dosbarthiadau Ymarfer Corff CALM	£5.80	
Sesiwn Ymarfer yn y Gampfa	£7.25	£5.50
Sesiwn Atgyfeirio gan Feddyg Teulu (Cynllun Cenedlaethol i Atgyfeirio Cleifion i Wneud Ymarfer Corff)	£3.10	
Ymweliad Croesawu Cyntaf a Sefydlu ar gyfer y Gampfa	£16.20	

NOFIO

	SAFONOL	CONS.*
Nofio	£4.40	£3.55
Nofio i'r rhai o dan 16 oed a thros 60 oed		AM DDIM** ar adegau penodol**

GEMAU TÎM

	SAFONOL	CONS.*
Cwrt Llawn Dan Do	£42.25	
Hanner Cwrt Dan Do	£30.90	
Cae Awyr Agored	£80.15	
Cae Awyr Agored 3G yng Nghwbrân	£111.95	

CHWARAEON RACED

	SAFONOL	CONS.*
Badminton, Tennis, Tennis Bwrdd, Sboncen (fesul cwrt)	£8.25	

Mae'r prisiau yn ddilys o fis Ebrill 2026. Gall prisiau a gweithgareddau gael eu diwygio heb rybudd. Mae mynediad i'n holl weithgareddau yn amodol ar ein polisi mynediad. Mae polisi prisio a mynediad i ofalwyr ar gael ar gais.

Ffioedd llogi'r Pwll Nofio ar gael ar gais.

BOWLS

	SAFONOL	CONS.*
Bowls	£5	

CYRSIAU/GWERSI CHWARAEON

	SAFONOL	CONS.*
Gwersi Nofio Un i Un (30 munud yr wythnos), yn fisol drwy Ddebyd Uniongyrchol	£121.20	
Cwrs Hyfforddi Wythnosol yn Fisol drwy Ddebyd Uniongyrchol	£26.25	

SBA

	SAFONOL	CONS.*
Sba a Nofio (Pont-y-pŵl)	£6.20	£4.20

CHWARAE MEDDAL DAN DO JUMPINGYM

	OEDOLYN	BRIG	ALLFRIG
Chwarae meddal dan do JumpINGym	AM DDIM	£5.50	£3.10
Wal Ddringo Dan Do	£13.50	£13.50	£13.50

* **Prisiau Consesiwn** - ar gael i'r canlynol;

- Unrhyw un 24 oed ac iau.
- Pobl dros 66 oed
- Unrhyw un sy'n gofrestredig yn anabl
- Unrhyw un ar fudd-daliadau prawf modd i gynnwys y canlynol; Gostyngiadau i bobl sy'n derbyn Gostyngiad Treth y Cyngor neu Fudd-dal Tai neu Elfen Tai Credyd Cynhwysol (UCHE).

** Fel rhan o Fenter Nofio am Ddim Llywodraeth Cymru, gofynnwch yn y dderbynfia am fanylion.