

# Activity Price List:

## Merthyr Tydfil County

<b>GYM &amp; GROUP EXERCISE CLASSES</b>	STANDARD	CONC.*
Group Exercise Class	£6.30	£5.25
Gym Workout	£6.30	£5.25
First Welcome Visit & Gym Induction	£19.80	£13.15
Fitness Activity Plan	£89.45	£59.65

<b>SWIMMING</b>	STANDARD	CONC.
Swimming	£4.75	£3.15
Swimming Under 16's & Over 60's	FREE at certain times**	FREE at certain times**

<b>TEAM GAMES</b>	STANDARD	CONC.
Indoor Full Court/Pitch	£100	-
Indoor Half Court/Pitch	£60	-
Outdoor Pitch at Rhydycar	£38.85	-
Aberfan Main Hall	£17.35	-

<b>RACKET SPORTS</b>	STANDARD	CONC.
Badminton, Tennis & Table Tennis (per person)	£3.15	£3.15
Squash (per court)	£9	£9

<b>SPORTS COURSES/ LESSONS</b>	STANDARD	CONC.
One-to-One Swimming Lessons (30 mins per week) Monthly by Direct Debit	£105	£105
Weekly Coaching Course Monthly by Direct Debit	£26.45	£26.45

Prices are valid from April 2025. Prices and activities may be amended without notice. Admission to all of our activities is subject to our admissions policy. A pricing and admissions policy for carers is available on request.

Swimming Pool hire fees available on request

- \* **Concession Pricing** - Available to the following;
- Anyone aged 24 and under.
  - Over 60's
  - Any registered disabled
  - Anyone on means tested benefits to include the following; People receiving Council Tax, Reduction or Housing Benefit (HB) or Universal Credit Housing Element (UCHE).

\*\* As part of the Welsh Government's Free Swimming Initiative, ask at reception for details.

# Rhestr Prisiau Gweithgareddau: Sir Merthyr Tudful

<b>Y GAMPFA A DOSBARTHIAU YMARFER CORFF</b>	SAFONOL	CONS.*
Dosbarth Ymarfer Corff	£6.30	£5.25
Sesiwn Ymarfer yn y Gampfa	£6.30	£5.25
Ymweliad Croesawu Cyntaf a Sefydlu ar gyfer y Gampfa	£19.80	£13.15
Cynllun Gweithgaredd Ffitrwydd	£89.45	£59.65

<b>NOFIO</b>	SAFONOL	CONS.*
Nofio	£4.75	£3.15
Nofio i'r rhai o dan 16 oed a thros 60 oed	AM DDIM ar adegau penodol**	AM DDIM ar adegau penodol**

<b>GEMAU TÎM</b>	SAFONOL	CONS.*
Cwrt Llawn Dan Do	£100	-
Hanner Cwrt Dan Do	£60	-
Cae Awyr Agored yn Rhyd-y-car	£38.85	-
Prif Neuadd Aberfan	£17.35	-

<b>CHWARAEON RACED</b>	SAFONOL	CONS.*
Badminton, Tennis a Thennis Bwrdd (y pen)	£3.15	£3.15
Sboncen (fesul cwrt)	£9	£9

<b>CYRSIAU/GWERSI CHWARAEON</b>	SAFONOL	CONS.*
Gwersi Nofio Un i Un (30 munud yr wythnos), yn Fisol drwy Ddebyd Uniongyrchol	£105	£105
Cwrs Hyfforddi Wythnosol yn Fisol drwy Ddebyd Uniongyrchol	£26.45	£26.45

Mae'r prisiau yn ddilys o fis Ebrill 2025. Gall prisiau a gweithgareddau gael eu diwygio heb rybudd. Mae mynediad i'n holl weithgareddau yn amodol ar ein polisi mynediad. Mae polisi prasio a mynediad i ofalwyr ar gael ar gais.

Ffioedd llogi'r Pwll Nofio ar gael ar gais

\* **Prisiau Consesiwn** - ar gael i'r canlynol;

- Unrhyw un 24 oed ac iau.
- Pobl dros 60 oed
- Unrhyw un sy'n gofrestredig yn anabl
- Unrhyw un ar fudd-daliadau prawf modd i gynnwys y canlynol; Gostyngiadau i bobl sy'n derbyn Gostyngiad Treth y Cyngor neu Fudd-dal Tai neu Elfen Tai Credyd Cynhwysol (UCHE).

\*\* Fel rhan o Fenter Nofio am Ddim Llywodraeth Cymru, gofynnwch yn y dderbynfa am fanylion.